

Department of Educational Psychology/Graduate School of Education  
 Programs in School Counseling and Counseling Psychology

# Multicultural Issues (15:297:507)

Summer 2015  
 Multicultural issues  
 15:297:507 A6  
 3 credits



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Office Hours- by appointment	Prerequisites or other limitations: N/A
Mode of Instruction: <input type="checkbox"/> Lecture <input type="checkbox"/> Seminar <input checked="" type="checkbox"/> Hybrid <input type="checkbox"/> Online <input type="checkbox"/> Other	Permission required: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes Directions about where to get permission numbers:

## Course Description

Race, ethnicity, class, gender, sexual orientation, language and ability are included among the diversity issues that will be examined. It is intended that individuals will develop a (more) flexible frame of reference with an overall goal of developing multicultural competencies that allow for the delivery of culturally responsive interventions. The impact of culture on counseling process and outcome will be explored through class readings and discussions. Multicultural research will be systematically examined and critiqued.

## Textbook & Course Materials

### Required Text

Sue, D. W., & Sue, D. (2013). *Counseling the culturally diverse: Theory and practice* (6<sup>th</sup> ed.). New York: John Wiley.

The textbook (hard copy or electronic) can be purchased at The Rutgers University Bookstore, 1 Penn Plaza- Ferren Mall, New Brunswick, NJ 08901. [www.rutgers.bncollege.com](http://www.rutgers.bncollege.com)

### Required Readings

- \*American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6<sup>th</sup> ed.). Washington, DC: Author.
- Arredondo, P, Toporek, R., Pack Brown, S., Jones. J., Locke, D. C., Sanchez, J., & Stadler, H. (1996). Operationalization of the multicultural counseling competencies. *Journal of Multicultural Counseling and Development, 24*, 42-78.
- Ratts, M. J., & Hutchins, A. M. (2009). ACA Advocacy Competencies: Social justice advocacy at the client/student level. *Journal of Counseling & Development, 87*, 269-275.
- Sue, D. W., Arredondo, P., & McDavis, R. J. (1992). Multicultural counseling competencies and standards: A call to the profession. *Journal of Counseling & Development, 70*, 477-486.
- Sue, D. W., Bernier, J. E., Durrant, A., Feinberg, L., Pedersen, P., Smith E. J., & Vasquez-Nuttall, E. (1982). Position paper: Cross-cultural counseling competencies. *The Counseling Psychologist, 10*, 45-52.

\*Readings will be made available through the **eCollege** Units. All papers **must be** submitted using APA Publication Style.

### Course Requirements

- Internet connection (DSL, LAN, or cable connection desirable)
- Access to **eCollege**

### Course Structure

This course is designed to provide a blended learning experience that includes both face-to-face and online activities.

This **is not** a self-pacing course. It is extremely important that you follow the syllabus, stay current with the readings and complete the assignments by the due date.

**Online sessions** will be a blend of activities using **eCollege** and other Web sites. Activities will consist of threaded discussions, email, and

web posting.

**Face-to-face sessions** will be held in the GSE Room 347 on the Rutgers New Brunswick Campus TBA

### **eCollege Access**

This course will be delivered partially online through the **Rutgers Online-Pearson eCollege** course management system.

To access this course on **eCollege** you will need access to the Internet and a supported Web browser (Internet Explorer, Safari).

### **Technical Assistance**

People in this course will be using different types of computers and software, and you may experience technical problems from time to time. ***If you are having technology problems***, such as linking to email, accessing RutgersOnline.net, problems with buttons on RutgersOnline.net, problems downloading and viewing documents, password problems, or other tech problems, you **must** first contact the HELP Desk at **1-877-778-8437**. The Help Desk staff is trained to address many different types of technology problems. ***If it turns out that there is a problem that I must correct, The Help Desk staff will contact me.***

**Important Note:** This syllabus, along with course assignments and due dates, are subject to change. It is the student's responsibility to check **eCollege** for corrections or updates to the syllabus. Any changes will be clearly noted in course announcements or through **eCollege** email.

Part 2: Learning Goals

It is intended that the following course objectives will be accomplished:

- Increased awareness and knowledge of cultural diversity and ethnic minority issues in counseling.
- Increased racial/ cultural self-awareness and personal-professional multicultural competence.
- Increased awareness of the sociopolitical nature of clinical interventions.
- Increased familiarity with multicultural counseling research and practice.
- Integration of theoretical models and interventions in the field of multicultural counseling and therapy (MCT).

You will meet the course objectives listed above through a combination of activities which include active participation in both on-line and in-class discussions, and timely completion of course assignments.

Course Assignments

1. Based on discussions, articles, or the news, identify a social issue/problem on a relevant topic. Be prepared to briefly discuss the issue, explaining why you selected this topic as an important social issue in today's society or global community. You will post a brief summary (50-100 words) of the social issue on eCollege (Unit 3- Social Issues). These issues will be discussed in the response section (threaded discussion).

**Literature reviews must be written using APA style. Please refer to the APA Publication Manual 6<sup>th</sup> edition.**

2. Identify a topic area within the multicultural literature in which to focus your research. Topics may be selected from a broad area that is included in the multicultural literature. You will indicate your topic to me for approval no later than **June 8<sup>th</sup>**.
3. Complete a concise research summary (750-1,000 words) on a specific area in **multicultural/cross cultural research**. The information gathered on the selected topic area will be integrated and summarized consistent with the objectives of the course. You must have a minimum of 5-7 solid references that support your research summary. Please cite the references used in the text using APA (6<sup>th</sup> edition)

Publication Style. All references listed in the reference section **must** appear in the paper. Please familiarize yourself with the APA Publication Manual.

Course evaluations are based on:

<b>Class Assignments and Participation</b>	<b>Percentage</b>	<b>Due Date</b>
Social Issues Discussion	25%	June 3 <sup>rd</sup>
Research Topic Submitted	5%	June 8 <sup>th</sup>
Research Summary	40%	June 26 <sup>th</sup>
Active Class Participation	30%	



## Part 3: Topic Outline/Schedule

**Important Note:** Refer to the course calendar for specific meeting dates and times. If you have any questions, please contact me.

## COURSE CALENDAR

<b>Date</b>	<b>Topics</b>	<b>Readings</b>	<b>eCollege and Class Activities</b>
<i>Week 1</i> May 27	<b>Conceptual and Philosophical Framework</b> Journey to Cultural Competence Counseling Competence/ Multicultural Counseling Competence <b>(in-class meeting)</b>	Chapters 1- 2	<b>Unit 1</b> A Call to the Profession Multicultural Counseling Cultural Competence Model of Cultural Competence Tripartite Framework Lessons from Dr. Sue <b>Reflection-Discussion</b>
May 28	<b>Politics of Counseling</b> Sociopolitical Dimensions Changing US Demographic Profile Socio-political Influences Race, Culture and Diversity	Chapters 3- 4	<b>Unit 2</b> US Demographics: Asians US Demographics: Blacks US Demographics: Hispanics US Demographics: Pacific Islanders US Demographics: Native Americans US Demographics: Whites US Demographics: Mixed Race-The Power of Illusion Oppression US Supreme Court and Michigan The Dream Act Arizona Immigration Law Arizona Border with Mexico Proposition 8-California Threaded Discussion
<i>Week 2</i> June 3	<b>Barriers</b> Communication Styles Values	Chapter 5, 8	<b>Unit 3</b> <ul style="list-style-type: none"> <li>• Social Issues Paper (Post topic on eCollege)</li> <li>• Select Research Topic-submit for approval</li> </ul>
June 4	Microaggressions/ Microassaults Stereotyped Assumptions	Chapter 6	<b>Unit 4</b> Culturally-biased Assumptions Stereo-typed Threat Microaggression Microaggressions in Everyday Life Threaded Discussion

<p><b>Week 3</b> June 10</p>	<p><b><i>Etic versus Emic</i></b> Family Influences Within Group and Between Group Differences</p>	<p>Chapter 7</p>	<p><b>Unit 5</b> Families and Culture Family Cultural Genogram Threaded Discussion</p>
	<p>Traditional Healers &amp; Indigenous Healing</p>	<p>Chapters 9, 10</p>	<p><b>Unit 6</b> Indigenous Healing Hmong Sharman South African Sangoma Healing Threaded Discussion</p>
<p>June 11</p>	<p>Identity Development Theory Racial Identity Theory</p>	<p>Chapters 11-12</p>	<p><b>Unit 7</b> A Girl Like Me (Clark &amp; Clark Doll Studies) Barbie Doll Test Racial Identity Theories Threaded Discussion</p>
<p><b>Week 4</b> June 17</p>	<p>Dimensions of Worldviews Social Justice Commitment</p>	<p>Reflection</p>	<p><b>Unit 8</b> Multiculturalism/ Social Justice Advocacy Threaded Discussion</p>
<p>June 18</p>	<p>Traditional &amp; Multicultural Counseling Frameworks – The Working Alliance</p> <p>Counseling and Therapy- Racial/Ethnic Minorities/ Culturally Diverse Populations</p> <p><b>Research Summaries Due Submit in eCollege Dropbox by 6/26</b></p>	<p>Chapters 13-26</p>	<p><b>Unit 9</b> <b>Developing Skills</b> Multiculturalism as a Generic Approach Operationalizing Cultural Competencies Dimensions of Personal Identity</p> <p>Threaded Discussion</p> <p>Counselor Cultural Competencies Spiritual/Religious Competencies Culturally Alert Counseling</p>

## Part 5: Course Policies

**Attend Class**

Students are expected to attend all online and face-to-face class sessions as listed on the course calendar. Attendance at face-to-face class meetings and participation in online activities is essential for the success of the hybrid experience; **30 percent** of the grade is based on participation (on-line). On-line participation will be monitored by timely and relevant responses to threaded discussions.

**Netiquette (Palooff & Pratt, 1999)**

1. Check the discussion frequently and respond appropriately and on keep the response relevant to the discussion prompts.
2. Focus on one subject per message and use pertinent, informative, and not-too-long subject titles
3. Capitalize words only to highlight a point or for titles. Capitalizing otherwise is generally viewed as SHOUTING.
4. Be professional and careful with your online interaction
5. Cite all quotes, references, and sources.
6. It is inappropriate to forward someone else's message(s) without their permission.
7. Use humor carefully. The absence of face-to-face cues can cause humor to be misinterpreted as criticism or flaming (angry, antagonistic criticism).

**Build Rapport**

If you find that you have any trouble keeping up with assignments or other aspects of the course, make sure you let me know as early as possible. Make sure that you are proactive in informing me when difficulties arise during the semester so that we can work together to find a solution.

**Complete Assignments**

**All assignments for this course will be submitted on-line unless otherwise instructed.** Assignments must be submitted by the given deadline or special permission must be requested *before the due date*. Extensions will not be given beyond the next assignment except under extreme circumstances.

All discussion assignments must be completed by the assignment due date and time. Late or missing discussion assignments will lower your grade.



## Commit to Integrity

As a student at Rutgers, The State University of New Jersey, you are expected to maintain high degrees of professionalism, commitment to active learning and participation in this class. It is important that you become aware of the Rutgers Policy on Academic Integrity and the University Code of Student Conduct.

<http://www.rci.rutgers.edu/~polcomp/judaff/ucsc.shtml>

**Important Note:** Any form of academic dishonesty, including cheating and plagiarism, may be reported to the Office of the Dean.

**Course policies are subject to change.** It is the student's responsibility to check **eCollege** for corrections or updates to the syllabus.